



We know from experience that planning a summer holiday is exciting but can also be a daunting task. To help, we thought we would share our experience and knowledge of the Chablais region of the French Alps and suggest a full week's itinerary for a stay in the beautiful Abondance Valley at [Chalet Le Dragon](#).

**Monday** – [A trip to Yvoire](#). A true gem and member of the Association of the "Most Beautiful Villages of France". This medieval village, on the shores of magnificent Lake Geneva, celebrated being 700 years old in 2006. With boutiques, lovely quaint restaurants, creperies, old narrow streets, boat trips and guided tours, the possibilities at this beautiful village are endless!

**Tuesday** – *Mountain walks to and from Chalet Le Dragon*. We have some wonderful walks of various lengths around the Chalet and village, which range from family friendly strolls through to tougher, uphill/downhill climbs. All offer spectacular mountain views and sightings of wild animals such as Chamois and Marmots. A particular favourite is a 5 hour picnic trip to Lake D'Arvouin behind the chalet.

**Wednesday** – *Val d'Illiez – The Thermal Baths Spa Park* is an oasis of wellbeing and relaxation in an enchanting natural setting. The thermal water, rich in minerals and trace elements has medically recognized therapeutic value. The spa area is composed of heated indoor and outdoor pools, whirlpools, aquabeds, river water outdoor spa and outdoor hot tub.

**Thursday** – *Various outdoor activities*. **Mountain biking** on the 90km of marked paths. As we are in the Portes du Soleil, you can ride from one resort to the other using lifts (specially adapted for mountain bikes) and marked tracks, just as skiers do in winter time. If you prefer, why not try **horse riding, paragliding, bobsled run, devalkart, kayaking, white water rafting, canyoning, pedaloos, fishing, French bowls, miniature golf and tennis** to name but a few! **Or for the total adrenaline seekers of you, why not try 'Fantasticable'** – comfortably positioned in a harness, you fly along at almost 100 km/h (60 mph) at up to 240 m above the tiny hamlet of Plaine-Dranse. As the name suggests...truly Fantasticable!

**Friday** – *Evian*. The beautiful, modern town of Evian, famous for its production of mineral water, has stunning views of Lake Geneva, offers boat trips, a funicular and has a spectacular waterfront with a plethora of water sports and also has a fantastic waterpark for adrenaline seekers.

**Saturday** – *Gorges du Pont du Diable*. A dramatic, roofless cave carved into the limestone rock over the millenia by the fast flowing river Dranse. The splendid Devil's Bridge is a highlight of the tour!

**Sunday** – *Lake Geneva*. Too much to mention on this email but pretty much any activity is available here – from boating to rollerblading, crepes to canapes!!

To take even more stress out of the planning, we suggest these useful links to [planes](#), [trains](#) and [automobiles](#)!!

For more information or to book a Chalet Le Dragon experience visit our website [www.SkiBikeorHike.com](http://www.SkiBikeorHike.com) or [click here](#) to enquire further.

We look forward to welcoming you to Chalet Le Dragon soon.

Emma & Matt

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